

ADK RAMAPO CHAPTER

2009 WINTER OUTINGS SCHEDULE

JANUARY•FEBRUARY•MARCH

www.hudsonhikers.org

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Trails: Chris Connolly	201-321-6605	c.connolly7@verizon.net

Delegate, NY-NJ Trail Conference:

June Slade	973-835-2832	juneslade11@verizon.net
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Web Master: webmaster@hudsonhikers.com

SPECIAL EVENTS

North Jersey Winter Weekend Feb 6th-8th

The Inn at Starlight Lake, PA

See Newsletter for details

BANFF FILM FESTIVAL AND DINNER

Wednesday, March 4th

Aaron Schoenberg (R)	askus3@optonline.net	845-986-8645
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For some hiking fellowship and dinner out we will meet at Panera Bread, Ramsey, NJ at 5 PM. After dinner, we drive to the classic Lafayette Theater in Suffern for an evening of outdoor adventure films. Contact Aaron Schoenberg for up to date information and to be included in the dinner plans and the purchase of advanced tickets.

If you need a hike schedule, please contact Denis Kmiec 845-634-1397 or kmiec20@yahoo.com

HIKERS GUIDE

New hikers and non-members, please contact the leader in advance. All hikes are rated. Choose only those hikes suitable for your abilities. Dress properly, especially footwear. The leader has the option of refusing unprepared persons. Carry a light lunch and water. In winter conditions, a hot drink is useful. Rain gear, extra socks, hat, sweater, and wind breaker permit you to adapt to the weather. A day pack is indispensable. Minors under 16 are welcome on day hikes when accompanied by a parent or guardian. No persons under 18 shall participate on overnight outings unless accompanied by a parent or adult sponsor over 21. **Non-members are welcome on two outings before joining ADK.**

Footwear and Clothing: Wear clothing suited to the weather and carry extra garments for unexpected weather and conditions. In winter conditions, dress in thin layers so you can adjust the number of layers as required to maintain comfort. Underwear made of polypropylene is recommended because it does not retain moisture but rather directs body moisture to the outer layers of clothing so you will not feel wet and cold. Wear and/or carry wool or polyester fleece pile outer layers which will retain heat when wet. Carry wool or polypropylene hat, gloves or mitts and a waterproof outer shell. Be prepared for rain by carrying rain gear. Wear comfortable, sturdy boots and two pairs of socks, a polyester liner and a heavy wool or polyester sock over it to avoid blisters. **Cotton sweat suits or jeans absorb moisture and do not retain their insulating properties when wet and therefore are unsuitable for winter conditions.** Most hikers carry a simple first aid kit, flashlight, compass, and pocket knife. Carry a map of the area you are hiking in.

If drought conditions close trails, call leader, as location of hike might be changed.

Be aware of possible hunting in area you plan to hike. Check with the Department of Environmental Conservation for local hunting regulations. Avoid places and times where hunting is permitted. The New York-New Jersey Trail Conference can help with hunting information. Call 201-512-9348 or go on line <NYNJTC.org> Hunting is not permitted in Harriman/Bear Mountain State Park. It is permitted in Sterling Forest State Park and Black Rock Forest. Hunting season is generally mid-October to mid-February. Sterling Forest has hunting in May from dawn to noon. **During hunting season, wear bright colors and stay on the trails.**

HIKE RATINGS represent the **Pace**, **Distance** and **Terrain** covered during the hike. A hike's rating is determined by the hike leader.

Pace: **A** = fast - 2.5 mph or faster **B** = moderate - about 2 mph **C** = easy - 1.5 mph or less

Distance is given in miles as noted

Terrain: **A** = Strenuous, long ups and downs, some rock scrambling possible.
B = Moderate ups and downs as occurs typically in Harriman.
C = Generally flat with little elevation change.

ASSUMED RISK: Hiking/biking involves certain inherent hazards. Persons participating do so at their own risk and must sign a release of liability.

EXPENSE SHARING: When car pooling, passengers are expected to offer the driver funds sufficient to cover the cost of fuel, tolls and parking fees. A \$3.00 minimum per person is recommended.

HIKE MEETING LOCATIONS OTHER THAN TRAIL HEADS:

Clarkstown: Commuter Parking Lot on Middletown Rd. just south of Exit 10 of the Palisades Interstate Pky.

Suffern: Commuter Parking between R.R. tracks and junction of Lafayette Ave. and Rt. 202.

Harriman: Commuter Parking Lot at intersection of Rt. 6 and NY 17, Use parking meters.

Tuxedo: Tuxedo Commuter Parking Lot off Rt. 17, one street north of R.R. station, Tuxedo, NY.

Most hike meeting locations can be found can be found on NY-NJ Trail Conference maps (TC map #)

Be at meeting place at least 10 min. prior to departure time.

Pets are not permitted on hikes.

Thursday, 1/1 **Reeves Meadow Circular** **TC map 118**
B-7-B Chris Connolly (R) c.connolly7@verizon.net 201-321-6605
Begin the New Year on the trail. Weather conditions will determine route. Wear appropriate footwear. Heavy precipitation cancels. Meet 9:30 AM at Reeves Meadow Parking Lot on 7 Lakes Drive.

Thursday, 1/1 **Start The New Year Right!**
Chris Tausch (NJ) 201-669-3113 ctausch@comptime.net
A hike depending on conditions. Snowshoes if possible.

Saturday, 1/3 **XC Ski or Snowshoe Tour (Easy)**
Barbara Goldberg (NJ) 201-652-4913
Meet 10 AM at Darlington Golf Course. Call leader.

Saturday, 1/3 **Elk Pen Circular** **TC map 119**
B-7-B Chris Connolly (R) c.connolly7@verizon.net 201-321-6605
Weather conditions will determine route. Wear appropriate footwear. Heavy precipitation cancels. Meet 9:30 AM at Elk Pen Parking Lot off Rt.17/Arden Valley Road.

Sunday, 1/4 **Tiorati South Lollipop** **TC map 119**
C+-7.4-B Richard Sumner (R) 845-362-8470 rls@rsumner.com
Meet at Tiorati Picnic Area at 9:30 AM. South on the RD, Lichen, ASB, Bottlecap, woods road, AT and RD. Difficult if icy. proper footwear required (crampons or snowshoes) for weather conditions. Cookies.

Thursday, 1/8 **In The Woods**
B-7/8-B Hank Zulauf (NJ) 201-391-5867 hankz46@verizon.net
Ups and downs. Please telephone or email for location and start time.

Thursday, 1/8 **Walk Around Rockland Lake** **TC map 110**
C-3-C Louise Parnell (R) 845-290-5287 parnelljt@optonline.net
Walk a level path around Rockland Lake. Meet at 10 AM in Parking Field #6-Boat Dock. Weather permitting.

Saturday, 1/10 **Rockland Lake To Haverstraw Loop** **TC map 111**
B-7-B Despina Metaxatos (NJ) dmetaxatos@hotmail.com 201-952-4151 (NCA 9PM)
The Hudson Part IV- Meet 9:30AM at Landing Hill Road Dead End near Rockland Lake (accessible from both Lake Road and Rockland Lake Roads off 9W. Hike Long Path north, descending steep White Trail to Haverstraw Beach, where we take short unmarked trail to lunch at riverside ruins. Return via flat bike path along Hudson back to Landing Hill Road. Snowshoes or stabilizers may be necessary.

Sunday, 1/11 **Sterling Forest Fire Tower** **TC map 100**
B-8-B Robert Permutt (R) 914-588-0212 rpermutt2003@yahoo.com (preferred)
Meet at 9:00 AM at the parking lot for the Sterling Forest Visitor Center. We will hike from the Visitor Center to the Fire Tower via the Connector Trail and the Fire Tower Trail. On the return trip we will hike around Sterling Lake on the Sterling Lake Loop Trail. Depending on weather conditions, Stableicers may be necessary. Registration required on or before January 10, 2009.

Sunday, 1/11 **Harriman Hike to the Stone Memorial Lean-to** **TC map 118**
B-7/8-B Peggy Wissler (NJ) 914-260-7506
Snowshoes or Stabilicers may be required. Call the leader Monday – Thursday of the week before the hike for details and meeting place and time. Heavy precipitation cancels the hike.

Sunday, 1/11 **Walk Around Hessian Lake** **TC map 119**
C-3-C Louise Parnell (R) 845-290-5287 parnelljt@optonline.net
Walk around Hessian Lake. Meet at 10AM in the Bear Mt. parking lot. Weather permitting.

Thursday, 1/15

In The Woods

B-7/8-B Phyllis Stewart (NJ) 201-327-6319 or pastewart@optonline.net
Ups and downs. Please telephone or email for location and start time.

Saturday 1/17

Patriots Path Stroll

C-5-C Jeffrey Sovelove (NJ) Hiker_Dood@yahoo.com
This 5 mile stroll will start out from the Speedwell Lake parking lot at 10 AM across the street from Historic Speedwell. See the Morris County Parks website (<http://www.morrisparks.org/>) for directions. Please bring plenty of water and a light snack. Great for beginners. Inclement weather cancels. Proper footgear required (stabilizers, crampons or snowshoes) if appropriate for the conditions. Optional lunch afterwards. Joint ADK/Sierra Club.

Saturday, 1/17

Peekamoose and Table Mountain

TC map 43

B-10-A Gary Wiltshire (NJ) gjwiltshire@hotmail.com 973-728-9011
Strenuous Hike, Snow Shoes and Crampons will be necessary. We will take it slow and enjoy the day in the Catskills. Not a hike for beginners! We will meet at the Mason Jar off Rt 202 in Mahwah at 8:00 am so we can car pool. Bring warm clothes, food and a desire to hike. Contact leader to register by Friday evening. Heavy snow or rain will cancel. Snowshoes, ice stabilizers and or crampons may be necessary.

Sunday, 1/18

Harriman Winter Hike

TC map 118

B-6/7-B Deanna Felicetta (NJ) 845-216-2021 dollinthewoods@optonline.net
We may snowshoe if there is a large amount of snowfall. Should be experienced at winter hiking for this hike on the Seven Hills. Must register by Friday PM. Meet 10 AM at Sebago Boat Launch off Seven Lakes Drive.

Sunday, 1/18

XC Ski Tour (Easy)

Judy Hishikawa (NJ) 201-483-8289
Meet 1 PM Darlington Golf Course. Will lead hike if conditions do not permit skiing. Call leader.

Thursday, 1/22

In The Woods

C-5/7-B Phyllis Key (NJ) 201-768-5573 pkeyhiker@juno.com
Call or email (preferred) no earlier than 3 days prior to hike. Do not call after 8:30PM. Pace and location will be determined by weather conditions.

Thursday, 1/22

Walk Around Rockland Lake

TC map 110

C-3-C Louise Parnell (R) 845-290-5287 parnelljt@optonline.net
Meet at 10:00 AM in Parking Field #6 - boat launching dock. Weather permitting.

Saturday, 1/24

Schuber, Hoeflerin Memorial and Cannonball

TC map 115

C+ - 6/7 - B Pat Marcotullio (R) 845-729-4046 patros@optonline.net
Pleasant ups and downs in the beautiful Ramapo Mountains. Meet Skyline Dr upper parking lot 9 AM. Skyline Drive is off Rt. 287 Exit 57. Heavy snow or steady rain will cancel.

Saturday, 1/24

XC Ski Tour (Easy)

Rob Lehmann (NJ) roblehmann@hikeleader.com
Meet 10 AM at Darlington Golf Course. If poor ski conditions will lead a 4 mile hike.

Sunday, 1/25

Wyanokie Circular

TC map 115

B - 7 - B Chris Connolly (R) c.connolly7@verizon.net o201-321-6605
Weather conditions will determine route. Wear appropriate footgear. Heavy precipitation cancels. Meet 9:30 am at Weis Ecology Center parking lot.

Sunday, 1/25

Harriman XC Ski, Snowshoe Or Hike

TC map 119

Mary Saraco (NJ) 908-781-7072 msaraco@aol.com
We will ski, snowshoe or hike from Lake Skannatati depending on conditions. Contact leader for details. E-mail preferred.

Thursday, 1/29

In The Woods

C-5/6-C+

Eileen Berch (NJ) 973-506-7078

We'll start from the upper parking lot of Ringwood Manor (State Park) hiking to Governor Mountain. Meet at 10 AM in the upper parking area. No need to register. No Go if raining, sleeting, or snowing. Call by 8:30 AM morning of hike if weather is doubtful. (NCA 8PM please).

Saturday, 1/31

Snowshoe Outing

TC map 109

Phyllis Key (NJ)

201-768-5573

pkeyhiker@juno.com

Snowshoe depending on conditions. Leader will do a 5-7 mile hike if there is no snow. Meet NJ P.I.P. Headquarters, Exit 2 at 10 AM.

Sunday, 2/1

Harriman Hike to Fingerboard Lean-to

TC map 119

B-7/8-B

Peggy Wissler (NJ)

914-260-7506.

Snowshoes or Stabilicers may be required. Call the leader Monday – Thursday of the week before the hike for details and meeting place and time. Heavy precipitation cancels the hike.

Sunday, 2/1

Easy XC Ski Tour Or Walk

Marcia Greenwald (NJ)

mrcgrn@verizon.net

Depending on conditions, we will ski or do a walk. Meet Paramus Golf Course. Contact leader.

Thursday, 2/5

In The Woods

B-5/7-B

Debbie Bell (R) deb2@columbia.edu

845-358-8386 (NCA 9 PM) and Lilo Kassel (R)

LRKmel@verizon.net. Winter weather will guide our choice of a route. Contact one of the leaders for hike details, time and meeting place.

Feb 6th-8th

Winter Weekend 2009 (NJ)

The Inn at Starlight Lake

Friday, 2/6

Wine Social

7:30 PM - 10 PM

Gary Wiltshire (NJ)

gjwiltshire@hotmail.com

973-728-9011

Meet at the Wine in the Woods in West Milford for a Social evening with other ADK Members. This is a great opportunity for new members to meet other hikers as well as for members to renew friendships. Contact Leader by Wednesday February 4th.

Saturday, 2/7

A Big Hill and Three Lakes

TC map 118

C-6-B

Dean

Gletsos (R)

845-354-0738

We will ascent the Long Path trail to Big Hill Mtn. and shelter. Beautiful views. We will descent to the third Reservoir via the Suffern/Bear Mtn. trail. Lunch by the lake. We will continue on old lumber/mine roads (mostly the Woodtown Log Rd.) to the second and first Reservoirs. A circular hike. Be suitably dressed and bring adequate food and water. Meet the leader at the intersection of Rt. 75 (Call Hollow Rd.) and the Long Path at 9:30 AM. For directions or other questions, call the leader till 8:30 AM.

Saturday, 2/7

XC Ski At Anthony Wayne

TC map 119

B-6/7-B

Deanna Felicetta (NJ)

845-216-2021

dollinthewoods@optonline.net

Cross country ski event is joint with the Garden State Ski Club.

Must register by 7 PM on Friday. No calls the morning of event. Lack of snow will cause the day to be a Hike event. Distance to be determined by conditions. Meet at 10:30 am at the North end of the Anthony Wayne Parking lot.

Sunday, 2/8

Southwest Hunter

TC map 41

B-6-A

Elie Bijou (R)

adironacks@verizon.net

718-377-2990 (NCA 9 PM)

Moderately paced trail hike and bushwhack. Heavy snow cancels. Must bring snowshoes. 2000' Elevation gain. Joint with 3500 Club. Meeting place / time: Route 214 parking area 8:30 AM. Please contact leader to register no later than Friday, February 6.

Sunday, 2/8

Reeves Ramble

TC map 118

B-7-B

Rudy Garfinkel (R)

914-337-6612

Leader's choice. Meet 9:30 AM at the Reeves Meadow Visitors Center on Seven Lakes Drive. Hike will depend on weather conditions. Precipitation cancels.

Thursday, 2/12

In The Woods

B-7-B Deanna Felicetta (NJ) 845-216-2021 dollinthewoods@optonline.net

Ups and Downs. Call or email leader by 9PM Wednesday night for details.

Saturday, 2/14

Winter Wonderland

TC map 118

B-7-B Karen Rose (NJ) 201-962-8546 kkarose@aol.com

Meet 10 AM Reeves Meadow Visitor Center. We will hike about 7 miles at a steady pace. Exact route will be determined by weather conditions. May need Stabilicers or snow shoes. Bad driving conditions or rain cancels.

Saturday, 2/14

Walk Around Hessian Lake

TC map 119

C-3-C Louise Parnell (R) 845-290-5287 parnelljt@optonline.net

Walk around Hessian Lake. Meet at 10 AM in the Bear Mt. parking lot. Weather permitting.

Sunday, 2/15

Wanaque in Winter

TC map 115

B-6/7-B Pete Heckler (R) 973-831-2307 pheckler@msn.com

If weather conditions permit bring snowshoes. If not, stabilicers or equivalent are required. Using Ramapo State Forest trails affording views of forest, reservoir and lake. Rain will cancel the hike. Preregistration required so that you may be notified if conditions dictate hike's cancellation. **No phone calls accepted morning of the hike.** Meet 9:00 AM Hagerstrom Field Parking Lot, Wanaque, Passaic Co., NJ. Driving directions: Rt. 287 to exit 55, north on Ringwood Ave. (Rt. 511) 2 miles (3 traffic lights) to right turn onto Warren Hagerstrom Blvd. , directly across from Wanaque Reservoir security bldg. Drive east toward mountain. Lot is on left.

Thursday, 2/19

In The Woods

B-6/8-B Paul Margiotta (NJ) 201-693-6705 pjmm11@verizon.net

Ups and Downs. Call or email leader by 9PM Wednesday night for details.

Saturday, 2/21

Three Mountains and Two Lakes

TC map 118

B-6-B Dean Gletsos (R) 845-354-0738

We will follow the TMI, Red Arrow and SBM trails as well as some old and abandoned Country roads. Nice views, streams, lakes. Optional route over Iron Mtn. A circular hike. Be suitably dressed and bring adequate food and water. Meet leader at the Ladentown parking area at 9:30 AM. For additional information, call leader till 8:30 AM.

Saturday, 2/21

Walk Around Rockland Lake

TC map 110

C-3-C Louise Parnell (R) 845-290-5287 parnelljt@optonline.net

Walk a level path around Rockland Lake . Meet at 10:00 AM in Parking Field #6 weather permitting.

Saturday, 2/21

Jockey Hollow Grand Loop

B-5-B Jeffrey Sovelove (NJ) [Hiker _ Dood@yahoo.com](mailto:Hiker_Dood@yahoo.com)

We will do the Grand Loop at Jockey Hollow National Park in Morristown. See <http://www.nps.gov/morr/planyourvisit/directions.htm> for directions and information. Meet at the visitors' center at 10 AM. Inclement weather cancels. Stabilicers, crampons or snowshoes if appropriate for the conditions.

Saturday, 2/21

Catskills Hike: Halcott

TC map 42

B-4-A George Preoteasa (R) g.preoteasa@att.net 201-694-8344

A moderately paced but strenuous bushwhack. Bad weather cancels. Please have snowshoes and crampons available. To register, please contact leader by Thursday, 2/19 (e-mail preferred). Carpool information: Harriman train station off Rt. 17.

Sunday, 2/22

Historic Hike

TC map 119

B-5 1/4-B Ike Siskind (R) 845-352-8506 /ikemar@verizon.net

Starting at the Ft Montgomery Visitor Center (which can be visited at the conclusion of the hike), we'll check out the West Redoubt, and then head for a loop around Brooks Lake. Rejoining the main trail we'll continue to the Popolopen Creek crossing, returning on the Popolopen Gorge Trail (some steep sections). A one mile (steeper) side trip over Popolopen Torne is a possibility depending upon winter conditions. Be prepared with Stabilicers or crampons. Meet 9:30 AM at Ft. Montgomery Visitors Center .3 mi. north of Bear Mt. Circle on Rt. 9W.

Thursday, 3/12 **In The Woods**
B-5/7-B Linda Schutz (NJ) 973-335-6973 LindaSchutz@msn.com
Ups and downs. Please call or email (preferred) to register.

Thursday, 3/12 **Nyack Beach State Park** **TC map 110**
C-3-C Louise Parnell (R) 845-290-5287 parnelljt@optonline.net
Meet at 10:00 AM at the Nyack Beach parking lot. It is at the end of North Broadway in Nyack. Weather permitting.

Saturday 3/14 **Long Path South From Rt. 6** **TC map 119**
C-5/6-B Denis & Joan Kmiec (R) 845-634-1397 kmiec20@yahoo.com (NCA) 9 PM
We hike the Long Path south to Stockbridge Shelter. We return on the Menomine Trail and nawahunta Fire Road. Out by 1:30 PM. Snow, ice, rain cancels. In doubt call leaders day of hike before 8:30 AM. Meet 10 AM at Rt. 6 Long Path Hikers Parking Lot.

Sunday, 3/15 **The Osborn Loop** **TC map 101**
B-6.8-8 P. Tilgner & S. Gordon (R) 201-871-3531 brownong.27@verizon.net
We hike the Osborn Loop in Hudson Highlands State Park. With good track conditions, we will do a .8 mile side hike up and down Sugarloaf Hill. Meet 9:30 AM at the Castle Rock Unique Area Hiker Parking. From the Bear Mt. Bridge, drive about 4 miles north on Rt. 9D. Look for the Castle Rock Unique Area sign after a stone wall on your right. Turn in on a farm road following it to the hiker parking area surrounded by open fields. Heavy rain cancels.

Thursday, 3/19 **In The Woods**
C-5/7-B Phyllis Key (NJ) 201-768-5573 pkeyhiker@juno.com
Call or email (preferred) no earlier than 3 days prior to hike. Do not call after 8:30PM. Pace and location will be determined by weather conditions.

Saturday, 3/21 **Hills Of Harriman** **TC map 119**
B-7-B June Slade (R) 973-835-2832
Harriman ups and downs from the Elk Pen. Meet 9:30 AM. Rain cancels.

Saturday, 3/21 **Lewis Morris Park**
C-5-B Jeffrey Sovelove (NJ) Hiker_Dood@yahoo.com
We will start at Sunrise Lake, then hike using a combination of the Yellow and Red trails. See the Morris County Parks Commission website <http://www.morrisparks.org/aspparks/lmdir.asp> for directions. Meet in parking lot at 10 AM. Inclement weather cancels.

Thursday, 3/26 **In The Woods**
B-7/8-B Phyllis Stewart (NJ) 201-327-6319 or pastewart@optonline.net
Ups and downs. Please telephone or email for location and start time.

Saturday, 3/28 **Along the Stony Brook** **TC map 118**
B-6/7-B+ Pat Marcotullio (R) 845-729-4046 patros@optonline.net
We will hike the Kakiak, Blue Disk, TMI and return on the Stony Brook Trail. Meet 9 AM Reeves Visitor Center on Seven Lakes Drive. Experienced hikers only. Steady rain will cancel.

Saturday, 3/28 **In The Woods**
C-5/7-B Phyllis Key (NJ) 201-768-5573 pkeyhiker@juno.com
Call or email (preferred) no earlier than 3 days prior to hike. Do not call after 8:30 PM. Pace and location will be determined by weather conditions.

Sunday, 3/29 **Jordan Pond Loop (Fahnestock State Park)** **TC map 103**
B-6.5-B Robert Permutt (R) 914-588-0212 rpermutt2003@yahoo.com (preferred)
Meet at 9:30 a.m. at the Pelton Pond Parking area on Route 301 and we will shuttle to the Trail Head. This hike is a circular loop in Fahnestock State Park. Highlights include Jordan Pond and Clove Creek. Depending on weather conditions, Stableicers may be necessary. Registration required for hike on or before March 28, 2009.