

# ADK RAMAPO CHAPTER

## 2009 SPRING OUTINGS SCHEDULE

### APRIL•MAY•JUNE

*www.hudsonhikers.org*

#### OFFICERS:

<b>President:</b> Suzan Gordon	201-871-3531	browning.27@verizon.net
<b>Vice President:</b> Richard Sumner	845-362-8470	RLS@rsumner.com
<b>Secretary:</b> Debbie Bell	845-358-8386	deb2@columbia.edu
<b>Treasurer:</b> Lilo Kassel	845-353-0573	LRKmels@verizon.net.

#### COMMITTEES:

<b>Director:</b> ADK Board of Directors:		
Manny Silberberg	845-354-9165	mannytravl@optonline.net
Dean Gletsos (alternate)	845-354-0738	cgletsos@aol.com
<b>Conservation:</b> open		
<b>Hiking:</b>		
<b>Scheduling:</b> Pete Tilgner	201-871-3531	browning.27@verizon.net
<b>Printing:</b> Neil Zimmerman		
<b>Mailing:</b> Denis & Joan Kmiec	845-634-1397	kmiec20@yahoo.com
Lou O'Neill	845-357-0497	loaniso@msn.com
<b>Membership:</b>		
Nancy Odson	845-368-2877	nancyods@msn.com
Manny Silberberg	845-354-9165	info@hudsonhikers.org
<b>Newsletter:</b> open		
<b>Programs &amp; Special Outings:</b>		
Suzan Gordon	201-871-3531	browning.27@verizon.net
<b>Publicity:</b>		
Eileen Turner	201-670-1527	turner.e@verizon.net
Aaron Schoenberg	845-986-8645	askus3@optonline.net
<b>Trails:</b> Chris Connolly	201-321-6605	c.connolly7@verizon.net
<b>Delegate, NY-NJ Trail Conference:</b>		
June Slade	973-835-2832	juneslade11@verizon.net
<b>Web Master:</b>		webmaster@hudsonhikers.com

## **SPECIAL EVENTS**

Thursday, April 23rd. - Chapter meeting, Nanuet Public Library, 7 PM.

### **VOTE ON MERGER**

Pot Luck Supper and Equipment Swap  
RSVP to Suzan Gordon by April 15th.

Thursday, June 18th, **NORTH JERSEY RAMAPO** Chapter Meeting,  
7 PM, Holy Cross Church, Mahwah, NJ (Rt. 202)  
Speaker Rick Cech, "Lifestyle Of East Coast Butterflies"

Saturday, Sept. 12th - **MOHONK DAY**  
Rain Date Sunday, Sept. 13th.  
RSVP by Aug. 20th. to Suzan Gordon

Saturday, 7/18 - Saturday, 7/ 25 **LONG TRAIL III PLUS**  
Aaron Schoenberg (R) askus3@optonline.net (preferred) or 845-986-8645  
**Deadline to register: May 31**

Sunday 8/ 9 – Sunday 8/16 **NH AT IV/White Mountain Trip XX**  
Aaron Schoenberg (R) askus3@optonline.net (preferred) or 845-986-8645  
**Deadline to register: July 1**

## HIKERS GUIDE

**New hikers and non-members, please contact the leader in advance.** All hikes are rated. Choose only those hikes suitable for your abilities. Dress properly, especially footwear. The leader has the option of refusing unprepared persons. Carry a light lunch and water. In winter conditions, a hot drink is useful. Rain gear, extra socks, hat, sweater, and wind breaker permit you to adapt to the weather. A day pack is indispensable. Minors under 16 are welcome on day hikes when accompanied by a parent or guardian. No persons under 18 shall participate on overnight outings unless accompanied by a parent or adult sponsor over 21. **Non-members are welcome on two outings before joining ADK.**

**Footwear and Clothing:** Wear clothing suited to the weather and carry extra garments for unexpected weather and conditions. In winter conditions, dress in thin layers so you can adjust the number of layers as required to maintain comfort. Underwear made of polypropylene is recommended because it does not retain moisture but rather directs body moisture to the outer layers of clothing so you will not feel wet and cold. Wear and/or carry wool or polyester fleece pile outer layers which will retain heat when wet. Carry wool or polypropylene hat, gloves or mitts and a waterproof outer shell. Be prepared for rain by carrying rain gear. Wear comfortable, sturdy boots and two pairs of socks, a polyester liner and a heavy wool or polyester sock over it to avoid blisters. **Cotton sweat suits or jeans absorb moisture and do not retain their insulating properties when wet and therefore are unsuitable for winter conditions.** Most hikers carry a simple first aid kit, flashlight, compass, and pocket knife. Carry a map of the area you are hiking in.

**If drought conditions close trails, call leader, as location of hike might be changed.**

**Be aware of possible hunting in area you plan to hike.** Check with the Department of Environmental Conservation for local hunting regulations. Avoid places and times where hunting is permitted. The New York-New Jersey Trail Conference can help with hunting information. Call 201-512-9348 or go on line <NYNJTC.org> Hunting is not permitted in Harriman/Bear Mountain State Park. It is permitted in Sterling Forest State Park and Black Rock Forest. Hunting season is generally mid-October to mid-February. Sterling Forest has hunting in May from dawn to noon. **During hunting season, wear bright colors and stay on the trails.**

**HIKE RATINGS** represent the **Pace**, **Distance** and **Terrain** covered during the hike. A hike's rating is determined by the hike leader.

**Pace:**    **A** = fast - 2.5 mph or faster                      **B** = moderate - about 2 mph                      **C** = easy - 1.5 mph or less

**Distance is given in miles as noted**

**Terrain:** **A** = Strenuous, long ups and downs, some rock scrambling possible.  
**B** = Moderate ups and downs as occurs typically in Harriman.  
**C** = Generally flat with little elevation change.

**ASSUMED RISK:** Hiking/biking involves certain inherent hazards. Persons participating do so at their own risk and must sign a release of liability.

**EXPENSE SHARING:** When car pooling, passengers are expected to offer the driver funds sufficient to cover the cost of fuel, tolls and parking fees. A \$3.00 minimum per person is recommended.

### **HIKE MEETING LOCATIONS OTHER THAN TRAIL HEADS:**

*Clarkstown:* Commuter Parking Lot on Middletown Rd. just south of Exit 10 of the Palisades Interstate Pky.

*Suffern:* Commuter Parking between R.R. tracks and junction of Lafayette Ave. and Rt. 202.

*Harriman:* Commuter Parking Lot at intersection of Rt. 6 and NY 17, Use parking meters.

*Tuxedo:* Tuxedo Commuter Parking Lot off Rt. 17, one street north of R.R. station, Tuxedo, NY.

**Most hike meeting locations can be found can be found on NY-NJ Trail Conference maps (TC map #)**

**Be at meeting place at least 10 min. prior to departure time.**

**Pets are not permitted on hikes.**



**Wednesday, 4/15**      **RSVP to Suzan Gordon for the Pot Luck Supper and meeting on April 23**      **201-871-3531 or browning.27@verizon.net**

**Thursday, 4/16**      **In The Woods**      **B 6/7 B**  
Hank Zulauf (NJ)      201-391-5867 or hankz46@verizon.net  
Ups and downs. Please telephone or e-mail for location and start time.

**Thursday, 4/16**      **Wild Flower Walk At Skylands**      **C 3 C**  
Betty Heald (NJ)      201-967-2937 or ebheald@aol.com  
Meet 11 AM at visitor parking at left of kiosk. This will be an easy meander through the Wild Flower Garden before touring Skylands Manor formal gardens. Bring lunch and water. TC map 115. Rain cancels.

**Saturday, 4/18**      **Catskill Panther and Giant Ledges (car shuttle)**      **B 10.5 A**  
Gary Wiltshire (NJ)      gjwiltshire@hotmail.com or 1973-728-9011  
For those who want to car pool we will meet at the Mason Jar at 7 AM. Those driving direct meet at the Woodland Valley Campground at 8:30. We will leave cars there then drive to Fox Hollow Road to begin the hike. This will be a long day, not for beginners. Hard hiking rewarded by Great views. TC map 42. (Stabilicers may be necessary). Please register with leader by Thursday the 16th.

**Saturday, 4/18**      **Rockland Lake To Haverstraw Loop**      **B 7 B**  
Despina Metaxatos (NJ)      dmetaxatos@hotmail.com (e-mail preferred) 201-952-4151  
Meet 9:30 AM at Landing Hill Road dead end near Rockland Lake (accessible from both Lake Road and Rockland Lake Roads off 9W). Hike Long Path north, descending White Trail to Haverstraw Beach where we take short unmarked trail to lunch at riverside ruins. Return via flat bike path along Hudson back to Landing Hill Road. TC map 111.

**Thursday, 4/23**      **Pot Luck Supper, Vote on Merger, and Equipment Swap Meeting 7 PM Nanuet Public Library**

**Thursday, 4/23**      **In The Woods**      **B 6/7 B**  
Phyllis Stewart (NJ)      201-327-6319 or pastewart@optonline.net  
Ups and downs. Please telephone or e-mail for location and start time.

**Saturday, 4/25**      **Ramapo Reservation**      **C 6/7 B**  
Lou O'Neill (R)      845-357-0497  
We will hike various trails. Meet 9:30 AM at the Ramapo Reservation Parking Lot off 202. Rain cancels. TC map 115. (No calls after 8 PM)

**Saturday, 4/25**      **Camp Smith Trail**      **B 7 B+**  
Deanna Felicetta (NJ)      845-216-2021 or dollinthewoods@optonline.net  
Some of the best views along the Hudson River. Ups, downs with some short scrambles. Experienced hikers only. Must register for this hike. TC map 101.

**Saturday 4/25**      **Pyramid Mountain**      **B 4/5 B+**  
Jeffrey Sovelove Hiker\_Dood@yahoo.com      Lee Ousley Ousleycl@mindspring.com (NJ)  
This will be a loop hike past Tripod Rock using a variety of trails. There is quite a bit of elevation change and significant climbing. See the Morris County Parks web site for directions and info. (<http://www.morrisparks.net/aspparks/pyrmtmain.asp>) Meet in the Visitor's Center parking lot at 10 AM. Inclement weather cancels. Joint ADK/Sierra club hike.

**Sunday, 4/ 26**      **Walk Around Hessian Lake**      **C 3 C**  
Louise Parnell (R)      845-290-5287      parnelljt@optonline.net  
Walk around Hessian Lake. Meet at 10 AM in the Bear Mt. parking lot. Weather permitting. TC map 119.







**Saturday, 6/6                      Cruise The Hudson River On The Pride Of The Hudson**

John & Louise Parnell (R)                      845-290-5287 or [parnelljt@optonline.net](mailto:parnelljt@optonline.net)  
Pass Mt. Beacon, Bannerman Island, Storm King Mt., & Cold Spring. Light snack available- no food on board. Seniors 62+ \$17.00 & Adults \$18.00. Cruise departs Torches Landing, 26 Front Street, Newburgh, N.Y. 1 PM to 3 PM. Call for car pooling.

**Saturday, 6/6                      Schuber, Hoeflerlin Memorial, Cannonball                      C 6/7 C**

Pat Marcotullio (R)                      845-729-4046                      [patros@optonline.net](mailto:patros@optonline.net).  
Pleasant ups and down in the beautiful Ramapo Mountains. Meet Skyline Drive Upper Parking Lot 9 AM. TC map 115 (Skyline Dr. is off Rt. 287, exit 57) This time I am determined to be there. Steady rain will cancel.

**Saturday, 6/6                      Catskills Hike: Westkill Mountain                      B 8 A**

George Preoteasa (R)                      [g.preoteasa@att.net](mailto:g.preoteasa@att.net) or 201-694-8344  
The view from the top of Westkill Mountain is one of the best in the Catskills. Moderate pace. Total ascent is 2400 ft. Hike is near Spruceton, NY. Short shuttle required. Bad weather cancels. TC map 41. To register, please contact leader by Thursday, 6/4 (e-mail preferred). Carpool information: Harriman train station off Rt. 17.

**Sunday, 6/7                      A Room With A View                      B 6 B**

Mary-Elin VanRoessel                      [mary-elin@verizon.net](mailto:mary-elin@verizon.net) or 201-264-3300 & Richard Sumner (R)  
Ups and downs with some good views along the way. Meet 9:00 AM at Anthony Wayne Parking Lot North. Hard, steady, rain cancels. TC map 119. Parking fee may apply.

**Thursday, 6/11                      In The Woods                      B 6/7 B**

Linda Schutz (NJ)                      973-335-6973 or [LindaSchutz@msn.com](mailto:LindaSchutz@msn.com)  
Ups and downs. Please call or e-mail (preferred) to register.

**Saturday 6/13                      Sterling Forest Fire Tower Ramble                      B 5 B**

Jeffrey Sovelove Hiker\_Dood@yahoo.com                      Lee Ousley Ousleycl@mindspring.com (NJ)  
We will do the Sterling Forest Sterling Fire Tower Ramble with the option to extend if the group desires. This is a moderately strenuous hike with a considerable amount of climbing. Meet at the Visitors Center at 10 AM sharp. See the Sterling Forest web site for information and directions: (<http://nysparks.state.ny.us/parks/info.asp?parkID=81>) Inclement weather cancels. Joint ADK/Sierra Club hike. TC map 100.

**Saturday, 6/13                      Devil's Path, Sugarloaf, Twin & Indian Head Mt.                      B 8.65 A**

Gary Wiltshire (NJ)                      [gjwiltshire@hotmail.com](mailto:gjwiltshire@hotmail.com) or 1973-728-9011  
Tough hike, Shuttle required. Bring food and water, not for beginners. For those who want to car pool meet at the Mason Jar off Rt. 202 in Mahwah at 7 am. I plan to be at the trailhead by 9 AM. TC map 41. This will be a long day. Please register with leader by June 11th. (car shuttle required)

**Saturday, 6/13                      Birthday Hike                      B+ 6/8 B+**

Deanna Felicetta (NJ)                      845-216-2021 or [dollinthewoods@optonline.net](mailto:dollinthewoods@optonline.net)  
Meet 10 AM for Birthday hike as summer begins. Call for details. Great Harriman hiking with scrambles and views. Must register. Bring plenty of food and water.

**Sunday, 6/14                      Seven Hills Plus                      B 9 A**

Karen Rose (NJ)                      201-962-8546 or [kkarose@aol.com](mailto:kkarose@aol.com)  
Meet 10 AM Reeves Meadow Visitor Center for my favorite Harriman Hike. We will take the Seven Hills Trail, (possibly diverting to Old Red) returning on TMI and Stony Brook. Lots of climbs, a few scrambles, great views. Rain cancels. Call after 8 AM morning of hike if weather uncertain. TC map 118.

**Thursday, 6/18**                      **Dater Mountain To Nawakwa Loop**                      **B 7 B**  
Despina Metaxatos (NJ) dmetaxatos@hotmail.com or 201-952-4151 (NCA 9 PM)  
Meet 9:30 AM at Johnstontown Road Circle in Harriman. Various trails, some short climbs, see Claudius Smiths Den, and follow the unmarked trail to Nawakwa Lodge for lunch by the lake. TC map 118.

**Thursday, 6/18**                      **NORTH JERSEY RAMAPO CHAPTER MEETING**  
7 PM, Holy Cross Church, Mahwah, NJ (Rt. 202). Speaker Rick Cech, "Lifestyle Of East Coast Butterflies".

**Friday, 6/19**                      **Walk Around Rockland Lake**                      **C 3 C**  
Louise Parnell (R)                      845-290-5287                      parnelljt@optonline.net.  
Meet at 10 AM in Parking Field 6 - boat launching dock. Weather permitting. TC map 110.

**Saturday, 6/20**                      **Mountain Laurel In Minnewaska**                      **B 8 B+**  
June Slade (R)                      973-835-2832  
White cliffs, mountain Laurel and all the glories of this area. Occasional steep places. Rain cancels. Meet 9:30 AM at Lower Awosting parking lot. (ask at gate house if unsure). Directions: NY Thruway north to Exit 18 (New Paltz). After tolls, turn left on to Rt. 299 through New Paltz to "T" intersection with Rt. 44/55. Turn right and continue to Minnewaska Gate. (app. 5 mi.) TC map 9. **Parking about \$6 per. car.**

**Sunday, 6/21**                      **A Circular In Northern Harriman State Park**                      **B 7 B**  
Ike Siskind (R) 845-352-8506 IkeMar@Verizon.net (No calls morning of hike)  
Meet: 9:30 AM at Rt. 6 Parking Lot ( approx. 1.1 mi. west of Long Mt. Circle). Using mainly the Popolopen Gorge and Anthony Wayne Trails, we'll enjoy a scenic view from the Torrey Memorial at 1,155 ft, plus hiking along Turkey Hill and Queensboro Lakes. Bring 2 qt. of liquid and appropriate clothing for June weather. TC map 119.

**Thursday, 6/25**                      **In The Woods**                      **B 5/7 B**  
Debbie Bell (R)                      deb2@columbia.edu 845-358-8386 (no calls after 9 PM)  
Varied terrain in Harriman or nearby parks. Contact the leader for hike details.

**Saturday, 6/27**                      **Sterling Forest History Walk**                      **C 2 C**  
John & Louise Parnell (R)                      845-290-5287 or parnelljt@optonline.net  
This will be a guided walk with Sterling Forest's Educator, Historian, "Doc" Bayne. Meet 10 AM at the Sterling Forest Visitor Center, Old Forge Rd., Tuxedo. 845- 351-5907. Register with leadersll by April 2.

**Saturday, 6/27**                      **Lake Sebago Views**                      **C 5/6 C**  
Pat Marcotullio (R)                      845-729-4046 patros@optonline.net  
We will not do the Seven Hills. Instead, we'll stay on the east side of the lake and lunch at the shelter off the TMI Trail. Meet Lake Sebago Boat Launch 9 AM. TC map 118.

**Saturday, 6/27**                      **Scavenger Hike and Hunt**                      **C 4 B**  
Peter Reiner (R)                      845-634-7635  
Join us on a special scavenger hunt to find unique treasures and items found along the trails. Go out on a trail with a small group or just your family and see how many items you can scavenge, record and bring back. Bring a digital camera if you have one. Meet hike leader at Lake Skannatati Parking Area off Seven Lakes Drive at 10 AM. TC map 118.

**Sunday, 6/28**                      **Jordan Pond Circular, Fahnestock State Park**                      **B 6.9 B-**  
Suzan Gordon & Peter Tilgner (R)                      browning.27@verizon.net or 201-871-3531  
Venture to the East side of the Hudson to experience trails and views in Putnam Co. Meet 9:30 AM at the parking pull off for the Red Trail crossing on Co. Rt. 301. From the South take the P.I.P. to Bear Mountain Bridge. Cross bridge (toll). Drive North on Rt. 9 D (10.5 mi.) to Main St., Cold Spring, NY. Turn right at light. Drive East on Rt. 301, crossing Rt. 9 to parking pull off and Red Trail crossing (7 mi.) TC map 103.